

Healthy Gardens and Naturescapes

Saturday, May 10 – Friday, May 16

Pre-Made Posts with Suggested Images:

Post 1: What's in Your Garden?

Your Garden is part of Canada's ecosystems.

Invasive plants can escape from your garden, outcompeting natives, disrupting local biodiversity and taking away wildlife habitat. By making informed, PlantWise choices, you can create a sustainable outdoor space and help stop the spread of invasive plants

Be PlantWise—choose native and non-invasive options this spring! 🌿 🦋

#PlantWise #NISAM2025 #SmallActionsBigImpact

Post 2: Swap It Out!

Some of the worst invasive species started as garden plants.

For every invasive ornamental, there's a native, non-invasive option:


❌ Invasive: Japanese Barberry


✅ Native Alternative: Ninebark


Your plant choices can help protect biodiversity. Use your regional Grow Me Instead Guide to learn more about which plant options work best for your garden.


#NISAM2025 #SmallActionsBigImpact #GrowMeInstead

Post 3: Pollinator-Friendly Gardens

 There are many ways to turn your garden into a pollinator oasis:

 Add pollinator habitat to your garden like a bee hotel

 Add a water source for butterflies

 Plant milkweed to support Monarchs

 Create a pollinator ‘Buffet’ with a variety of blooms

 And most importantly—**choose native, non-invasive plants this spring!**

#NISAM2025 #SmallActionsBigImpact

[Image Suggestions: Flowering gardens, close-ups of invasive plants, “before and after” planting shots, images of pollinators, native plant species, side-by-side of an invasive plant and a native alternative.]